

## KAKEIBO video

### **A. Answer the questions according to the information in the video:**

1. What is the translation of Kakeibo?
2. What is the basic tool for the Kakeibo method?
3. When did Kakeibo appear?
4. What are the 4 main questions of Kakeibo?
5. What is the use of the 2 Kakeibo notebooks? What information do they contain?
6. What are the 4 main groups of expenses, according to Kakeibo?
7. What must you do at the end of each month? Why?
8. What are the other mentioned tricks for saving money?
9. Why do the Japanese prefer Kakeibo to modern mobile apps and other technologies?

### **B. Fill in the gaps with the words/collocations from the video.**

1. Money has a magical ability to \_\_\_\_\_ overnight.
2. How did it \_\_\_\_\_ to become a technology-savvy country?
3. The idea of this \_\_\_\_\_ is to track how much you \_\_\_\_\_ and spend in detail.
4. This is how Fumiko Chiba, the author of the book "Kakeibo: the Japanese art of budgeting saving money" explains the \_\_\_\_\_ of the method.
5. Kakeibo fans know that \_\_\_\_\_ budgeting helps you save money.
6. To \_\_\_\_\_ a Kakeibo-style budget, you'll need two notebooks: a big one and a small one.
7. Having fun will be recorder too. And this might be the black hole \_\_\_\_\_ your money.
8. If you plan wisely, it won't be difficult to stay \_\_\_\_\_ during the month.
9. Half of the joy goes away when you have to \_\_\_\_\_ your \_\_\_\_\_.
10. Say, if you have a \$74 bill, \_\_\_\_\_ to \$100 and put the other \$26 into a \_\_\_\_\_.
11. Put off any \_\_\_\_\_ purchases for a month.
12. This piece of advice is as old as \_\_\_\_\_, but who actually \_\_\_\_\_ it?
13. The writing process \_\_\_\_\_ the part of the brain that lets the info pass \_\_\_\_\_ into memory.
14. Hundreds of thousands of people have become \_\_\_\_\_ following a Kakeibo plan.

### **C. What do you think?**

1. Do you think saving money is better than spending it?
2. Do you have a savings account or do you save money otherwise? If yes, what are you saving for? If no, would you like to start saving and what for?
3. What is the most difficult part about saving money?
4. What do you think about the Kakeibo method?
5. Do you know any other methods of saving money?