

VOCABULARY | Sports and fitness - Part 1

*REMEMBER: Several responses might be acceptable - choose the **best** one:*

1. To go to the gym = To _____
a) work on something b) work out c) practice muscles

2. He's not an _____ person. He just sits in front of the TV all the time.
a) outer b) acting c) active

3. I like to _____ on weekends.
a) go swimming b) get swimming c) swimming

4. A person who plays sports on a professional level is referred to as a professional _____.
a) sportscaster b) athletic c) athlete

5. Paulina is really _____ (= really loves) tennis. She plays every weekend.
a) into it b) into c) fan

6. Let's _____ a run!
a) go make b) go at c) go for

7. Are you _____ already? You should exercise more!
a) out of breath b) out of practice c) outside

8. Sure, I'll play basketball with you, but□□ I'm a little _____ (= I haven't played in a while), so you'll probably win.
a) out of reach b) out of practice c) out of time

9. In sports, what does it mean to "beat" another team? (eg. Italy beat France in the World Cup)
a) to win b) to lose c) to fight

10. If you start working out again after a long break, you will probably get muscle _____.
a) crepes b) cramps c) hurt

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ANSWERS:

1) b 2) c 3) a 4) c 5) b 6) c 7) a 8) b 9) a 10) b